Lunch Suggestions

Served Entrees

Served Entrees Include First Course, Starch, Fresh Vegetable, Rolls and Butter, Dessert, Coffee and Iced Tea

First Course

(Select One)
Fresh Tossed Green Garden Salad with Choice of (2) Dressings
Caesar Salad
Greek Salad
Soup Du Jour
Fresh Fruit Cup

Entrees

Pasta Primavera with Chicken … $17.95
Traditional Alfredo Sauce with Chicken, Spring Vegetables and Penne Pasta
*Entrée does not include an additional starch

Three Cheese Meat or Vegetable Lasagna … $17.95
Prepared with Fresh Ricotta, Provolone, Mozzarella Cheeses with Tomato or Alfredo Sauce
*Entrée does not include an additional starch

Eggplant Moussaka … $18.95
Baked Layers of Eggplant, Zucchini, Squash, Peppers, Tomato Basil Sauce, and Parmesan Cheese Served with Cajun Cream Pepper Sauce

Grilled Chicken and Mushroom Penne … $20.95
Mesquite Smoked Chicken Breast with Mushrooms, Scallions, Penne Pasta and Alfredo Sauce
*Entrée does not include an additional starch

Chicken Breast Cordon Bleu … $22.95
Boneless Breast of Chicken Rolled with Ham and Cheese, Breaded and Sautéed

Chicken Breast Dijon … $22.95
6 oz. Boneless Chicken Breast with Dijon Mustard Cream Sauce

Spanish Chicken Paella … $20.95
Julienned Chicken Breast Served on a Rice Pilaf of Tomatoes, Peppers, Onions, Garlic, Saffron, Black and Green Olives
*Entrée does not include an additional starch

Chicken Veronique … $22.95
Sautéed Chicken Breast in a White Wine and Green Grape Cream Sauce

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Fogelman Executive Conference Center & Holiday Inn at The University of Memphis  Lunch 02.25.15
Prices do not include a 20% Service Charge and 9.25% Sales Tax
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_Fogelman Executive Conference Center & Holiday Inn at The University of Memphis_

### Lunch 02.25.15

**Chicken Florentine** … $22.95  
Chicken Breast with Spinach Stuffing

**Sliced London Broil** … $26.95  
Marinated Charbroiled Flank Steak Thinly Sliced, Served in Its Natural Juice

**Sole Veronique** … $25.95  
Sautéed Dover Sole Filet in a White Wine and Green Grape Cream Sauce

**Northwest Passage Salmon** … $26.95  
Fresh Alaskan Salmon Filet Grilled and Served with Tomato Concasse

### Accompaniments

<table>
<thead>
<tr>
<th>Starches</th>
<th>Vegetables</th>
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<tbody>
<tr>
<td>(Select One)</td>
<td>(Select One)</td>
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<tr>
<td>Baked Potato with Condiments</td>
<td>Honey Glazed Carrots</td>
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<tr>
<td>Twice Baked Stuffed Potato</td>
<td>Bouquetiere of Broccoli</td>
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<tr>
<td>Lyonnaise Potatoes &amp; Onions</td>
<td>Chef’s Vegetable Medley</td>
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<tr>
<td>Scalloped Potatoes</td>
<td>Green Beans Amandine</td>
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<tr>
<td>Wild Long Grain Rice</td>
<td>Tomato Florentine</td>
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<tr>
<td>Rice Pilaf</td>
<td>Italian Sautéed Spinach</td>
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<tr>
<td>Rosemary Potato Coins</td>
<td>Fresh Asparagus …</td>
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<tr>
<td>Dauphine Potatoes</td>
<td>$2.50 added</td>
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<tr>
<td></td>
<td>Fresh Snap Peas &amp; Mushrooms …</td>
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<tr>
<td></td>
<td>$2.50 added</td>
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_Lunch 02.25.15_

_Fogelman Executive Conference Center & Holiday Inn at The University of Memphis_
Light Lunch Selections

Light Lunch Entrees Include Soup of the Day OR Fruit Cup, Rolls, Butter, Dessert, Coffee and Iced Tea

**Julienne Salad Platter** … $15.95
Fresh Garden Greens with Julienne Ham, Smoked Turkey Breast and Assorted Cheeses, Tomatoes Cucumbers and Boiled Eggs Served with French or Ranch Dressing

**Trio Salad** … $18.95
Fresh Chicken, Tuna and Pasta Salads Served on a Bed of Lettuce and Garnished with Julienne Vegetables, Tomato Wedges and Sliced Eggs

**Victorian Platter** … $21.95
Mixed Field Greens with Fanned Grilled Chicken Breast Accompanied by Quiche Lorraine Served with a choice of Balsamic Vinaigrette or Homemade Ranch and Choice of Potato Salad, Pasta Salad, or Minted Fruit Salad

**Central Avenue Cold Platter** … $25.95
Sliced Beef Tenderloin and Grilled Chicken Breast Fanned over a Bed of Mixed Greens and garnished with Julienne Vegetables and Sliced Fruit

**Hawaiian Chicken Salad** … $19.95
White Meat Chicken Salad blended with Pineapple and Macadamia Nuts Served over Mixed Greens

**Tuscan Chicken Salad** … $19.95
White Meat Chicken Salad blended with Gorgonzola Cheese and Red Grapes over Mixed Greens

**Black & Blue Salad** … $22.95
Grilled Flank Steak with Blue Cheese, Tomatoes, Cucumbers, Pepperoncini and Roasted Red Peppers served over Mixed Greens with Balsamic or Ranch Dressing

Sandwich Selections

**Duo Deli Sandwich Plate** … $16.95
Choice of a Whole or Two Half Sandwiches of Smoked Turkey, Roast Beef, Ham or Grilled Chicken Breast with American, Swiss or Provolone Cheese Served on a Ciabatta Roll with Red Skin Potato Salad and Garnish

**Boxed Lunch** … $15.95
Ciabatta Roll with Ham, Turkey or Roast Beef choice of Regular Mayo, Pesto Mayo or Mustard Choice of Baked or Assorted Potato Chips Choice of Whole Fruit, Mint Fruit Cup or Pasta Salad Cup Choice of Jumbo Cookie or Fig Newton Water or Soda

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*Fogelman Executive Conference Center & Holiday Inn at The University of Memphis*
Lunch Buffet Selections

Minimum Guarantee of 35 Guests Required
All Buffets Include Rolls and Butter, Iced Tea and Coffee

Mini Deli Lunch Buffet … $18.95

Soup du Jour
Selection of Ham, Turkey and Roast Beef
Swiss, Cheddar and Provolone Cheeses
Cole Slaw, Potato and Carrot-Raisin Salads
Relishes and Condiments
Assorted Breads
Assorted Pies and Cakes

Pasta Bar … $20.95

Minestrone Soup
Caesar Salad
Antipasto Salad
Chicken Penne Pasta Alfredo
Spaghetti Bolognese
Penne Pasta Primavera
Seasonal Vegetables
Garlic Bread and Bread Sticks
Biscotti
Assorted Italian Desserts

Greek Salad Buffet … $19.95

Grilled Sliced Chicken Breast
Thinly Sliced Marinated Beef Strips
Romaine Lettuce
Tomatoes & Cucumbers
Kalamata & Spanish Olives
Pepperoncinis & Red Onions
Crumbled Feta Cheese
Croutons
Greek and Oil & Balsamic Vinegar Dressings
Assorted Breads and Pita Basket
Greek Rice Pudding
Mini Baklavas & other Assorted Greek Desserts

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Fogelman Executive Conference Center & Holiday Inn at The University of Memphis
**BBQ Buffet** … $22.95

Cole Slaw
Potato Salad
Three Bean Salad
Pulled BBQ Pork Shoulder with Buns
BBQ Chicken
Baked Beans
Corn on the Cob
Cornbread
Banana Pudding
Fruit Cobbler

**South of the Border** … $23.95

Tortilla Chips and Salsa (on each table)
Three Layer Mexican Dip with Nacho Chips
Fajita Bar to include:
- Marinated Beef Strips
- Spicy Chicken Breast Strips
- Sautéed Onions and Peppers
- Grated Cheese and Shredded Lettuce
- Guacamole and Sour Cream
Burritos
Refried Beans
Mexican Rice
Tres Leches Cake
Key Lime Pie
Build Your Own Lunch Buffet  
Minimum Guarantee of 35 Guests Required

Selection of two entrees … $22.95  
Selection of three entrees … $25.95

Cold Buffet Selections  
(Select Three)

Mixed Garden Salad and Three Dressings  
Caesar Salad  
Antipasto Salad  
Tuna Salad

Red Skin Potato Salad  
Marinated Vegetable Salad  
Bean Salad  
Tropical Fresh Fruit Salad  
Sliced Fresh Fruit Display

Entrees

Grilled Chicken & Mushroom Penne  
Smoked Chicken Breast with Mushrooms, Scallions, Penne Pasta and Alfredo Sauce

Chicken Breast Forestiere  
Boneless Breast Topped with Onions, Mushrooms and Peppers in a Brown Sauce

Seared Chicken Breast Mardi Gras  
Boneless Breast of Chicken with a Mild Cajun Cream Sauce

Southern Catfish  
Coated with a Crispy Cornmeal Batter then deep fried to a golden brown & served with Tartar Sauce

Chicken Veronique  
Lightly Battered & Sautéed Chicken Breast with White Wine and Green Grape Cream Sauce

Sliced Roast Sirloin Beef Bordelaise  
Beef Strip Loin, Slowly Cooked to Perfection and Accompanied with Bordelaise Sauce

Roasted Pork Loin  
Roasted Pork Loin with an Apple Demi-Glace Sauce

Dover Sole Veronique  
Broiled Dover Sole Filet with White Wine and Green Grape Sauce

Poached Salmon with Sorrel Sauce  
Poached King Salmon Filet Marinated in Wine and Served with Sorrel Sauce

Spanish Chicken Paella  
Julienne Chicken Breast Served on a Rice Pilaf of Tomatoes, Peppers, Onions, Garlic Saffron, Black & Green Olives

Pasta Additions

Penne Pasta-Served with Grated Cheese and Italian Breadsticks and

- Hot Italian Sausage and Marinara Sauce … $5.25
- Grilled Chicken Breast and Pesto Cream Sauce ... $6.25
- Primavera with Alfredo Sauce … $5.25

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Accompaniments

**Starches**
(Select One)
- Baked Potato with Condiments
- Lyonnaise Potatoes & Onions
- Scalloped Potatoes
- Wild Long Grain Rice
- Rice Pilaf
- Rosemary Potato Coins

**Vegetables**
(Select One)
- Honey Glazed Carrots
- Bouquetiere of Broccoli
- Chef’s Vegetable Medley
- Green Beans Amandine
- Italian Vegetable Sauté
- Fresh Asparagus…$2.50 added
- Fresh Snap Peas & Mushrooms…$2.50 added

Dessert Selections

**Choice of One for a Served Entree**
- Chocolate Cake
- Carrot Cake
- Strawberry Shortcake
- Cheesecake
- Banana Cream Pie
- Apple Pie
- Key Lime Pie

**Choice of Three for Build Your Own Buffet**
- Ice Cream
- Sherbet
- Chocolate Mousse
- Vanilla or Chocolate Pudding
- Fruit Cobbler

Dessert Stations

**Twice Dipped Strawberry Display** … $450.00 – Serves 100 People
Chocolate Display Surrounded with Twice Chocolate Dipped Strawberries

**Sundaes and Parfait Station** … $10.95 per Person – Minimum 25 People
Chocolate and Vanilla Ice Cream, Complemented with Diced Fresh Fruit,
Slivered Almonds, Rum-Soaked Raisins, Raspberry Coulis, Chopped Pecans, Strawberries
Marinated in Grand Marnier, Crumbled Chocolate Chip Cookies, Whipped Cream,
Chocolate and Caramel Sauces

**Chocolate Fondue Station** … $8.95 – Minimum 25 People
Chocolate Fondue with Cubes of Fresh Fruit, Pound Cake, Angel Food Cake, Marshmallows and Pretzel Rods

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Last 12/2014